



# ONION -SIZING GUIDE-

## HARVEST

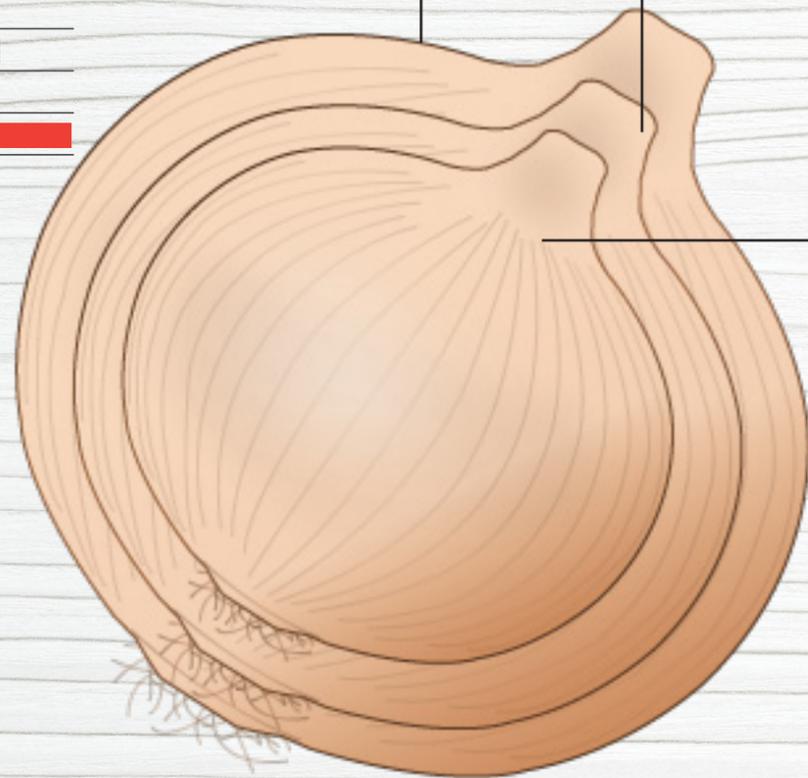
Owyhee onions curing  
in the sun Nyssa, Oregon

- 2013

# -YELLOW- ONION

## SUPER COLOSSAL

Our biggest onions ever! The super colossal measures over 4¼ inches in diameter. This giant beast of a vegetable is perfect for deep-fried onion blossoms. Yellow onions are typically available throughout the year. This onion is higher in sulfur than the white onion, which gives it a stronger, more complex flavor.



## COLOSSAL

Not quite as big as its brother the Super Colossal, but pretty close. These onions measure between 3¾ to 4 inches in diameter. These humongous onions are perfect for French Onion soup.



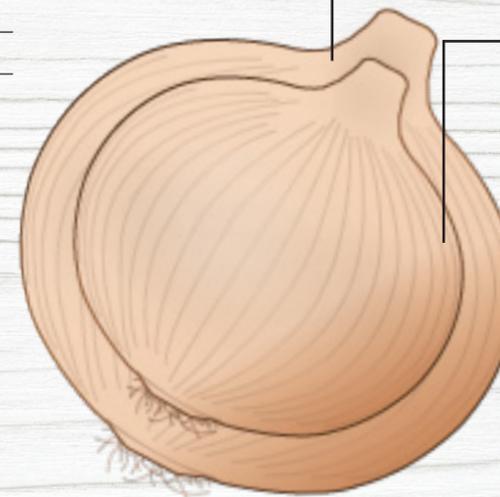
## JUMBO

Also called large onions, jumbo onions measures 3 inches or more in diameter. This size of onion is perfect for most recipes. In fact, when a recipe calls for an onion, they mean usually mean yellow onions. Our yellow onions are available throughout the year.



## MEDIUM

Medium yellow onions have a diameter of 2¼ to 3¼ inches. Did you know that yellow onions make up more than 75% of the world's production of onions? They are that useful!



## PREPACK

Need a smaller onion? Something good for a pot roast? Try these little guys. They are 1¾ in. to 2¾ in. in diameter. Don't be fooled by their size, they taste just as good as their bigger brothers. Try them as caramelized onions to put on top of hot dogs, burgers or whatever you like. They may be small but they pack a lot of flavor. You won't be disappointed!

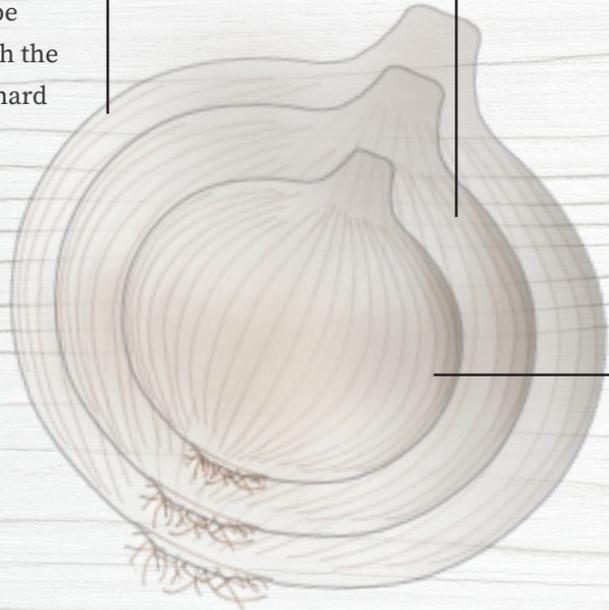


“THE WORLD’S LARGEST ONION  
WEIGHED ALMOST 18 POUNDS”

# -WHITE- ONION

## JUMBO

Our jumbo onions measure 3 inches and up in diameter. Did you know ancient Egyptians worshiped onions believing the spherical shape and concentric rings symbolized eternity? With the size and flavor of these jumbo onions, it's not hard to see why!



## MEDIUM

With a diameter of 2 to 3¼ inches, our medium white onions bring on the flavor. White onions have slightly higher water content than yellow onions, so they are somewhat sweeter with a taste that's more tangy.



## PREPACK

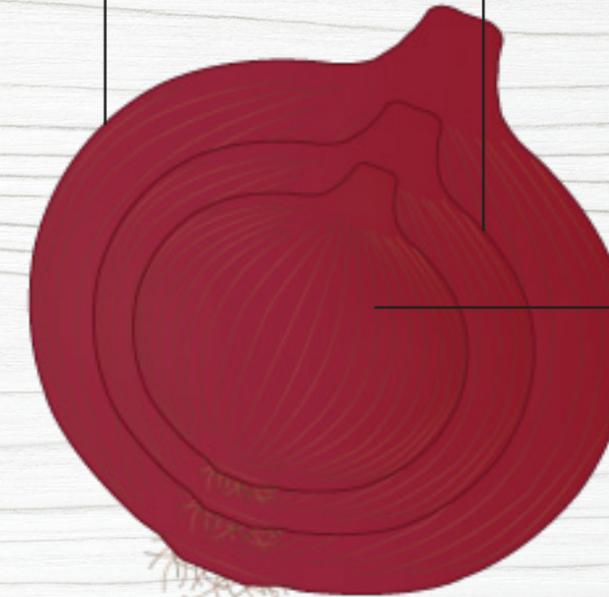
Small in size, but massive in flavor, they measure 1¼ to 3 inches in diameter and are perfect for Latin dishes like salsa. Pace Foods the makers of picante sauce & salsas uses about 21 million pounds of fresh white onions every year.



# -RED- ONION

## JUMBO

Bring on the color! Our jumbo red onions measure 3 inches or more in diameter. They have a mild to sweet flavor and are considered to be the sharpest tasting onion. These pretty babies are often consumed raw on top of salads or lightly grilled.



## MEDIUM

Our medium reds measure 2 to 3¼ inches. The average American eats about 18.8 pounds of onions a year. Onions represent the third largest fresh vegetable industry in the United States. This translates to approximately 370 semi-truck loads of onions used in the United States each day.



## PREPACK

These little guys pack a flavourful punch. They measure from 1¼ to 2¼ inches. Try adding them to a range of dishes. If you are worried about onion breath, eating fresh parsley will get rid of it.



“WE FEED OVER 3 MILLION PEOPLE WITH OUR ONIONS”

## -THE FROERER PROMISE-

Family run by choice, our farm runs with INTEGRITY, and HONOR, by contract, word or handshake we do what we say.